

# Kamloops RCMP Youth Academy



**Application Package**

**March 16-21, 2019**



SCHOOL DISTRICT NO. 73  
(Kamloops-Thompson)

# Kamloops RCMP Youth Academy



## Introductory Letter

This program is designed for the participation of 20 - 30 high school students aged 16 to 18 years, as of **March 15<sup>th</sup>, 2019**, who are interested in police work or law enforcement as a possible future career.

This year's RCMP Youth Academy will be held in Kamloops during Spring Break from **March 16 - 21, 2019**.

The students that successfully complete each phase of the selection process will attend the Academy and experience a variety of activities that a police cadet would experience but in a capsulated format. This program is designed to place students in an RCMP Training Academy environment. Students will receive instruction and lectures in law, police tactics, social skills, physical training, self defense and a variety of other topics. They will be involved in a great deal of role playing scenarios where they will take on the role of a police officer. They will be required to work in a team and partake in all of the planned activities.

Meals, lodging and stationary will be supplied. There will be a tuition cost per student.. A list of academy rules will be supplied to the successful candidates and any student not complying with these rules will be dismissed from the Youth Academy and sent home at their own expense.

This academy is an excellent learning experience but will be extremely challenging, both mentally and physically. If you have any questions, please contact:

- your school's Trades and Transitions Coordinator
- Rick Kienlein, Director of Instruction – Secondary Education and Learning Services  
School District No. 73 (Kamloops-Thompson)  
Phone: 250-374-0679
- Cst. Bradley Matchim  
RCMP Kamloops Detachment  
Phone: 250-572-7291

Thank you for participating.



## Kamloops RCMP Youth Academy Application Package

Last Name	<input type="text"/>	First Name	<input type="text"/>
School	<input type="text"/>		

In order to qualify for the RCMP Youth Academy, the following application steps must be completed. Only complete applications will be accepted, any incomplete applications will be returned to the sender.

- TNT Coordinator Statement of Recommendation (*below*)
- Application Form (*included*)
- Medical Questionnaire (*included*)
- Teacher Statement of Recommendation (*included*)
- Parent/Guardian Permission and Liability Waiver (*included*)
- SD No. 73 Student High Risk Field Trip Form (*included*)
- Media Release Form (*included*)
- Police Information Check (*included*)
- Kids Plus Accident Insurance Enrollment Form (*cost included in the application fee*)
- One (1) letter of reference from a community member (*cannot be family*).
- Minimum one page hand written personal letter in support of this application showing commitment to completing the RCMP Youth Academy
- High School Transcript
- Resume with names of three (3) references
- High School Attendance Record
- High School Discipline Record (*even if Nil, please provide*)
- A Recent Photo (*original and clear*)
- \$300.00 Fee – In District Students
- \$500.00 Fee – Out of District Students  
**(Cheque payable to School District No. 73)**

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## TNT Coordinator Statement of Recommendation

Please agree and check the following statements.

- I have read over and attest to the completion of this application.
- I have read the discipline record and reviewed it with the Principal if there are any issues.
- I recommend this student for the RCMP Youth Academy.

TNT Coordinator Name

Phone Number

Email

Date / Time

Signature



## Kamloops RCMP Youth Academy Application Form

*(Please Print)*

### SCHOOL INFORMATION:

School Name \_\_\_\_\_ School District No \_\_\_\_\_ Grade \_\_\_\_\_

School Contact \_\_\_\_\_ Telephone \_\_\_\_\_

### PERSONAL INFORMATION:

Name \_\_\_\_\_  
*(Last Name) (First Name) (Middle Name)*

Address \_\_\_\_\_ City \_\_\_\_\_

Phone Number \_\_\_\_\_ Postal Code \_\_\_\_\_

Date of Birth *(yyyy-mm-dd)* \_\_\_\_\_ Age \_\_\_\_\_ SEX  M  F

Height \_\_\_\_\_ Weight \_\_\_\_\_ Care Card # \_\_\_\_\_

E-Mail \_\_\_\_\_

T-Shirt Size XS S M L XL XXL Track Suit Size XS S M L XL XXL

Drivers License # \_\_\_\_\_ Province of Issue \_\_\_\_\_

**EMERGENCY INFORMATION:**

Family Doctor \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

Mother's Name \_\_\_\_\_

Phone (home) \_\_\_\_\_ (work) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

Father's Name \_\_\_\_\_

Phone (home) \_\_\_\_\_ (work) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

Emergency Contact Person \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

**Application Form – Continued**

Please list your hobbies and/or interests:

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Please list any special skills/experience:

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Please describe any volunteer work that you have done:

<b>Organization:</b>	<b>Duties:</b>

Please list courses or lectures you have taken to further your interest in police work:

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Why do you wish to take part in this program?

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In your own handwriting, explain your view of the police officer's role in society *(add another page if necessary)*:

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# Kamloops RCMP Youth Academy

## Medical Questionnaire

Applicant Name

School District

**PLEASE READ THE FOLLOWING CAREFULLY:**

Police officers must maintain a high level of fitness to perform their duties effectively and professionally. At the RCMP Youth Academy, you will be expected to be in good condition and **injury free**.

The physical components of the RCMP Youth Academy include a conditioning program, participation in team sport games, and simulations of police scenarios, involving chasing, controlling and apprehending suspects.

The students will be exposed to a simulated physical ability requirement evaluation, which is currently required for RCMP entry. This is a physically rigorous test. Completion of this test requires participants to perform at near maximum heart rates, challenge upper body strength, muscular endurance and coordination skills.

It is the recommendation of the RCMP Youth Academy to undergo a medical examination by a physician if the applicant or the guardians have any concerns.

Read and honestly answer each of the following questions. Any information regarding injuries must be volunteered. **If it is not, and the injury surfaces during the activities at the RCMP Youth Academy, the student may be expelled.**

1. List any injuries or illnesses affecting physical activity.

2. Have you been under a doctor's care for any reason within the preceding two (2) years?  No  Yes If yes, explain:

3. Do you have a bone or joint problem that could be aggravated by physical activity?  No  Yes If yes, explain:

4. Do you feel pain in your chest while you exercise physically?  No  Yes If yes, explain:

5. Do you experience dizziness, or do you ever lose consciousness?  No  Yes If yes, explain:

6. Are you currently on medication?  No  Yes If yes, explain:

7. Please list any dietary restrictions below:

*Applicant Signature*

*Parent/Guardian Signature*



## Kamloops RCMP Youth Academy

### Teacher Statement of Recommendation

Thank you for completing the Teacher Statement of Recommendation regarding the student named below. The information on this reference will be used to determine candidates for the RCMP Youth Academy. A quality response to the general comments section is also important.

<b>Student Name</b> <input style="width: 95%;" type="text"/>	<b>School</b> <input style="width: 95%;" type="text"/>
<b>Teacher Name</b> <input style="width: 95%;" type="text"/>	<b>Teacher Phone</b> <input style="width: 95%;" type="text"/>
<b>Subject</b> <input style="width: 95%;" type="text"/>	<b>Teacher Email</b> <input style="width: 95%;" type="text"/>
<b>Signature</b> <input style="width: 95%;" type="text"/>	<b>Date</b> <input style="width: 95%;" type="text"/>

	POOR TO EXCELLENT				
	1	2	3	4	5
<b>Attendance / Punctuality</b> Comments:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Work Ethic</b> Comments:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Attitude</b> Comments:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Initiative / Motivation</b> Comments:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Interpersonal Skills</b> Comments:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>General Comments:</b>  <div style="border: 1px solid black; height: 40px; width: 100%;"></div>					





Kamloops RCMP Youth Academy  
**Parents/Guardians Permission and Liability Waiver**

Applicant Name

School District

I, \_\_\_\_\_, the guardian/parent of \_\_\_\_\_ hereby give permission for \_\_\_\_\_ to participate in the KAMLOOPS RCMP YOUTH ACADEMY work experience program. I understand he/she will be involved in a variety of activities including but not limited to firearms training. I understand that he/she will be required to provide his/her own transportation to the site. I further acknowledge that some physical activity will be involved and state that \_\_\_\_\_ is in good physical condition and is capable of participating in strenuous physical activity. I also understand that a medical examination is recommended but not required, to ensure that he/she will be capable of participating in the physical activities.

Further, the undersigned agrees to assume all risks of participating in the KAMLOOPS RCMP YOUTH ACADEMY, and does hereby remise, release, and forever discharge the ROYAL CANADIAN MOUNTED POLICE, its servants and agents, from any and all manner of actions, debts, claims and demands, that said undersigned may have any reason of any manner arising out of the said activities organized by the ROYAL CANADIAN MOUNTED POLICE, KAMLOOPS during the KAMLOOPS RCMP YOUTH ACADEMY.

In witness whereof I have set my hand this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_ at the City of \_\_\_\_\_, Province of British Columbia.

*Witness*

*Applicant Signature*

*Witness*

*Parent/Guardian Signature*

School District No. 73 (Kamloops-Thompson)  
**HIGHER RISK SECONDARY FIELD TRIP**  
**INFORMATION & CONSENT FORM**

(Principal's approval: 
(Please return before: <b>December 12, 2018</b> )

Activity: Kamloops SD73/ RCMP Youth Academy

Teacher's Name: R. Kienlein

Location: Brocklehurst Middle School

Date(s): March 16 - 21, 2019

Time (s): Departure from school: N/A

Arrival back at school: N/A

Overview Itinerary for the Field Trip Program: Six (6) Day On-Site RCMP Youth Academy

**Transportation:**

- |  |  |
|--|--|
| <input type="checkbox"/> Walking to and from the activity                                      | <input type="checkbox"/> Transported by school bus |
| <input checked="" type="checkbox"/> Driven in private vehicles ( <i>1st day and last day</i> ) | <input type="checkbox"/> Drivers required          |

(Volunteer drivers must be at least 21 yrs old & have at least \$1,000,000.00 liability insurance. There must be a seatbelt for each child & no air bag on front passenger side unless the passenger is 12 yrs of age or older. Drivers must have completed a SD#73 volunteer driver form.)

Parent Helpers Required:  Yes  No

Lunch Required:  Yes  No

Fee To Be Paid:  Yes  No

Amount required: \$300.00 (payable to SD No. 73)  
\$500.00 (out of district students)

**PERMISSION SLIP**

The following statement must be signed by the parent/guardian for students participating in Higher Risk Field Trips:

I am aware and understand that participation in the Higher Risk Field Trip involves certain inherent risks, dangers and hazards which may result in serious personal injury or death or other loss or damage to property. I am aware that downhill skiing, Nordic track skiing, snowboarding and snowblading, ice skating, road cycling, mountain biking, adventure hiking, canoeing, kayaking, swimming in natural settings, wilderness orienteering and residential camping are dangerous activities and that in addition to the usual risks inherent in these activities, certain additional dangers and risks including, but not limited to, varying snow, ice and visibility conditions and the danger and risk of collision with natural and man-made objects. For International travel, I have been informed that the Higher Risk Field Trip may become a dangerous activity due to global unrest. Further I agree that there may be other risks not known to me or not reasonably foreseeable at this time. I release and agree to indemnify and hold harmless the Board of School Trustees of School District No. 73 (Kamloops/Thompson) "the Board", its employees and agents ("the Releasees"). From any loss, claim, or demand for any and all negligence arising as a result of the Student's involvement or participation in the Higher Risk Field Trip except where such negligence is caused by the Releasees. I understand and accept that the Board and its employees and agents may at any time cancel the Higher Risk Field Trip for appropriate reasons including travel advisories indicating international air travel is unsafe or the destination is unsafe. Accordingly, I agree to waive any and all claims against the Board, its employees and agents for any monetary loss arising from the cancellation of the Higher Risk Field Trip. I understand that during the Higher Risk Field Trip the Student may incur additional unforeseen financial expenses required for reasons of safety and I agree to waive and reimburse for any and all claims against the Board, its employees and agents for any such expenses that are reasonably required. Both my son/daughter and I understand that Board Policy #240 "Student Behaviour – Discipline" applies on all field trips. The use of alcohol or drugs and or inappropriate student conduct may result in suspension from school. Students engaging in these behaviours are liable to be sent home at their families' expense.

I have read and am informed about the proposed field trip for the **Kamloops SD73/ RCMP Youth Academy which will be held at Brock Middle School from March 16 – 21, 2019**. I request that my child \_\_\_\_\_ participate in this trip. I understand there is a cost involved and have enclosed \$ \_\_\_\_\_ with this form. I, the undersigned parent or guardian of the above named student, request that my son/daughter be allowed to participate in the trip.

Note any medical conditions or medication the staff or supervisors should be aware of: \_\_\_\_\_

Please supply the school with: Family Physician, Care Card Number and Emergency Numbers if they are not already on file.

Parent/Guardian Signature: \_\_\_\_\_ Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Teacher/Office Use Only: Fee for Field Trip Received: <input type="checkbox"/> Yes <input type="checkbox"/> No Amount: _____ Initials: _____
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## Kamloops RCMP Youth Academy

### **Media Release Form**

*(Please print)*

I, \_\_\_\_\_, Parent/Guardian of \_\_\_\_\_,

hereby give my permission and consent to having my son/daughter's photo taken for program publicity and media relations during the RCMP Kamloops Youth Academy program.

Media coverage of this event could include your child's photo, name, and his/her comments.

This information could show up on RCMP advertising or on School District No. 73's website or any of the schools websites.

DATED this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

Student Name (print): \_\_\_\_\_

Student Signature: \_\_\_\_\_

Parent/Guardian Name (print): \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_



Industrial Alliance Insurance and Financial Services Inc.

# KIDS PLUS™ ACCIDENT INSURANCE ENROLMENT FORM

Please complete in full and print

School Board or Name of School (if applicable)

School District No. 73 (Kamloops/Thompson)

## CONTACT INFORMATION MUST BE COMPLETED BY A PARENT OR LEGAL GUARDIAN IF ENROLLING A CHILD/CHILDREN

Last Name

First Name

Telephone

Street Address

City

Prov.

Postal Code

Email

Language Preference

English  French

Yes, Industrial Alliance may contact me electronically with information regarding its products, promotions and services. (You can withdraw your consent and unsubscribe at anytime by visiting [www.kidsplus.ca/unsubscribe](http://www.kidsplus.ca/unsubscribe).)

**DON'T ENROL TWICE!** No need to complete if you have submitted your renewal application.

## INDIVIDUALS TO BE COVERED THIS AREA MUST BE COMPLETED

Last Name	First Name	Date of Birth (dd-mmm-yyyy)	Age	Sex	Insured Type
				<input type="radio"/> M <input type="radio"/> F	<input type="radio"/> Child <input type="radio"/> Adult
				<input type="radio"/> M <input type="radio"/> F	<input type="radio"/> Child <input type="radio"/> Adult
				<input type="radio"/> M <input type="radio"/> F	<input type="radio"/> Child <input type="radio"/> Adult
				<input type="radio"/> M <input type="radio"/> F	<input type="radio"/> Child <input type="radio"/> Adult
				<input type="radio"/> M <input type="radio"/> F	<input type="radio"/> Child <input type="radio"/> Adult
				<input type="radio"/> M <input type="radio"/> F	<input type="radio"/> Child <input type="radio"/> Adult

## PLAN CHOICE THIS AREA MUST BE COMPLETED

INSURED TYPE	ACTIVE PLAN	VALUE PLAN	ADULT PLAN
<b>CHILD</b> (each) [6 months to 19 years of age]	<input checked="" type="checkbox"/> \$ 33.50	<b>OR</b> <input type="checkbox"/> \$ 14.50	N/A
<b>THREE OR MORE CHILDREN</b> [6 months to 19 years of age]	<input type="checkbox"/> \$ 97.00	<b>OR</b> <input type="checkbox"/> \$ 42.00	N/A
<b>ADULT</b> (each) [20 – 64 years of age]	N/A	N/A	<input type="checkbox"/> \$ 32.00
<b>Total One-Time Cost</b>	\$ 33.50		

All rates shown are single, one-time premium payment.

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Log:

Receipt:

Received at:

# RCMP Kamloops City Detachment

## Police Information Check

**IDENTIFICATION – one form must be photo ID (office use only).**

Type of ID Produced:	Number:		
Type of ID Produced:	Number:		
<b>INSTRUCTIONS FOR COMPLETION</b>			
(PERSONAL INFORMATION ON THIS FORM IS COLLECTED UNDER THE AUTHORITY OF THE BC FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT & FEDERAL PRIVACY ACT)			
<b>Please complete clearly in ink</b>			
<p>You must apply in person at the Police Agency in the jurisdiction you reside. At the time of application you must present:</p> <ul style="list-style-type: none"> <li>- Any applicable fee (see website for costs and payment options)-</li> <li>- One piece of current, government-issued photo identification and one piece of identification verifying name and date of birth. If you are unable to provide proper identification the police agency cannot complete your check.</li> </ul>			
<p><b>Your Police Information Check will review all available law enforcement systems, including any local police records.</b>  <b>This check will <u>NOT</u> include: overseas or US records, traffic tickets, Motor Vehicle Act offences or municipal bylaw offences.</b></p>			
<p><b>The results of this check will not be forwarded to a third party</b>          (with the exception of confirmed positive Vulnerable Sector responses, or if a "Duty to Warn" arises).</p>			
<b>PART I – PERSONAL INFORMATION (COMPLETED BY APPLICANT)</b>			
LAST NAME	FIRST NAME	MIDDLE NAME(S)	
PREVIOUS NAMES (including name changes and birth/maiden name)		SEX (circle one) M F	
DATE OF BIRTH (YYYY/MM/DD)	PLACE OF BIRTH:		
ADDRESS (Apartment, street # and name)	CITY	PROV	POSTAL CODE
PHONE NUMBER (residence)	PHONE NUMBER (cell)		
<b>PREVIOUS ADDRESS</b> (LIST ALL ADDRESSES WITHIN THE LAST FIVE YEARS)		*Check Completed (office use only)	
STREET NAME: _____	CITY: _____	PROVINCE: _____	<input type="checkbox"/> yes <input type="checkbox"/> no
STREET NAME: _____	CITY: _____	PROVINCE: _____	<input type="checkbox"/> yes <input type="checkbox"/> no
STREET NAME: _____	CITY: _____	PROVINCE: _____	<input type="checkbox"/> yes <input type="checkbox"/> no
STREET NAME: _____	CITY: _____	PROVINCE: _____	<input type="checkbox"/> yes <input type="checkbox"/> no
STREET NAME: _____	CITY: _____	PROVINCE: _____	<input type="checkbox"/> yes <input type="checkbox"/> no

**REASON FOR APPLICATION (check appropriate):**  Volunteer (attach letter)  Employment  Other (specify below)

**Key Contact Name:** Const. B. Matchim or Corp. D. Angman

**Volunteer Agency/Employer Name:** School District No. 73 – Student RCMP Youth Academy

**Volunteer Agency/Employer Address and Phone Number:** 1383 Ninth Avenue, Kamloops, BC V2C 3X7 (250)374-0679

**IS YOUR REQUEST RELATED TO WORK/VOLUNTEERING WITH VULNERABLE PERSONS:**  YES  NO

Applicant Name	Applicant DOB
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**SEARCH AND DISCLOSURE CONSENT, AND LIABILITY RELEASE**

I request and consent to the RCMP Kamloops City Detachment and its employees searching any policing agency or court databases, based on the information I have provided, in order to locate any records and information in which I am referred to, and to report, by way of this form, any formal criminal records or pending charges that I am the subject of. If I have indicated that I will be working with the vulnerable sector, I also request and consent to the reporting of any documented adverse contact with police, any incident in which no charges were laid, or any matter regulated by provincial statutes, that I am the subject of. I understand that records may continue to exist even if they are no longer listed in particular records database indices.

I understand that information collected as a result of this Police Information Check will only be released **directly to me and not to any third party**; however, I specifically intend to provide the reported information to the employer or volunteer agency that I have listed. I understand that they alone, and not the police, will determine the impact of any reported search results, on whether I obtain the position for which I am being considered. I understand that the accuracy of the reported information, to be disclosed to me, is not and cannot be guaranteed, and may include errors or omissions.

**By my signature below, and for and in consideration of this Police Information Check being completed for me**, the receipt and sufficiency of which I hereby acknowledged, I agree not to bring any legal actions, claims or demands, for losses or damages, including indirect or consequential, that I might sustain by reason of the Police Information Check being performed for me, against the Municipality / Corporation of Kamloops, its associated Police Board and any employees thereof, and to release them each from any and all liability and any actions, claims or demands, even if arising from their negligence or even gross negligence.

I have read and understood this form, and in particular this section, and by signing below I am consenting to the above terms. By signing, I also certify that the information that I have provided is true and correct to the best of my knowledge and belief.

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date Signed

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date Signed

**\*\*\*\*\* FOR OFFICE USE ONLY \*\*\*\*\***

NOTES (office use only):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



## Kamloops RCMP Youth Academy

### Fact Sheet

#### ***Who is eligible?***

- Attending Grades 11 or 12 in high school
- 16 to 18 years of age (*as of March 15, 2019*)
- Able to pass fitness test
- Able to pass criminal record check
- In good academic standing
- Good attendance record in school
- Displays a willingness to work
- Candidate is interested in Law Enforcement or Supporting Careers
- Completes the application package in full
- Recommended by school staff
- **Non-smoker**

#### ***How do I apply?***

- Fill out the RCMP Youth Academy Application located on the School District's Trades and Transitions website (<https://www.sd73.bc.ca/en/schools-programs/trades-and-transitions.aspx>)
- Give your completed application and cheque to your Trades and Transitions Coordinator to review and deliver.

#### ***Cost:***

- Cost per student is **\$300.00** for students in Schools District No. 73 and **\$500.00** for students from out of School District No. 73. Cheques must be made payable to **School District No. 73**.
- Fees must accompany the application package.
- Refund Policy – partial refunds will be made when accompanied by a doctor's note.
- The student insurance coverage costs \$33.50 and will be paid by School District No. 73. If the student withdraws from the program, this amount will be deducted if a refund is applicable.
- Total fee is non-refundable if withdrawal from the program is within 30 days of the event.

#### ***The Application Process:***

**Applications must be handed into your School TNT Coordinator by December 12, 2018. Late or incomplete applications will not be considered.**

The completed application package will be reviewed; background and reference checks will be done. Upon successful completion of security screening, candidates may be contacted by the RCMP for an interview.

Students will receive notification of acceptance by **Friday, January 25, 2019**, via email to the TNT Coordinators.

## **Fact Sheet – Continued**

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### ***Physical Fitness Test:***

It is expected that students attending the RCMP Youth Academy will be able to perform the following:

1. Run 1.5 miles (6 laps of a 400 meter track) in less than 15 minutes.
2. Perform the maximum (15 reps) number of body pushups (from toes) in 60 seconds.
3. Perform the maximum number of sit-ups in 60 seconds - minimum 30 reps., or perform the maximum number of partial curl-ups as per C.S.T.F. guidelines - maximum 25 reps.

We recommend using the Fitness Tracking sheet that is attached to monitor your progress from now until the testing date.

The test will be administered by a police officer on **Saturday, February 2, 2019 at 9:00 am** in the NorKam Secondary cafeteria.

If the candidate attends the Youth Academy and it is apparent they do not meet the minimum fitness standards, the candidate may be dismissed from the Academy.

### ***Information Meeting:***

There will be a mandatory meeting for all successful applicants and their parent/guardians at Henry Grube Education Centre on **Monday, March 11, 2019**, at 6:00 pm. A list of academy rules will be supplied at that time.

### ***Other Important Information:***

**Students must be present every day of the Academy and will not be allowed to leave the training base for other appointments. There will not be any time allotted for school work.**

The RCMP Youth Academy is approximately 100 hours in length (six days). You will participate and learn about policing as a career, basic traffic and criminal law, physical training, firearm skills, scenarios, drill and teamwork.





## Kamloops RCMP Youth Academy

### Contacts

- 1. Rick Kienlein**  
Director of Instruction – Secondary Education and Learning Services  
School District No. 73 (Kamloops-Thompson)  
1383 Ninth Avenue  
Kamloops, BC V2C 3X7  
Phone: 250-374-0679  
Email: [rkienlein@sd73.bc.ca](mailto:rkienlein@sd73.bc.ca)
  
- 2. Cst. Bradley Matchim**  
Kamloops RCMP  
RCMP, Kamloops Detachment  
560 Battle Street  
Kamloops, BC V2C 6N4  
Phone: 250-572-7291  
Email: [bradley.matchim@rcmp-grc.gc.ca](mailto:bradley.matchim@rcmp-grc.gc.ca)
  
- 3. Kira Wood**  
Administrative Assistant  
School District No. 73 (Kamloops-Thompson)  
1383 Ninth Avenue  
Kamloops, BC V2C 3X7  
Phone: 250-374-0679  
Email: [kwood@sd73.bc.ca](mailto:kwood@sd73.bc.ca)



# Kamloops RCMP Youth Academy 2017

## Physical Fitness Testing

### Tracking Sheet

Use this Fitness Tracking sheet to monitor your progress from now until the testing date.

The test will be administered by a police officer on **Saturday, February 2, 2018 at 9:00 am** in the NorKam Secondary cafeteria.

**Student Name:** \_\_\_\_\_

**School:** \_\_\_\_\_

Test #	Date	1.5 MILE RUN 6 X 400m in less than 15 min.	PUSH-UPS Max. # in 60 sec.	SIT-UP / CURL-UP Max. # in 60 sec	Comments
1					
2					
3					

#### Criteria:

- Run 1.5 miles (6 laps of a 400 meter track) in less than 15 minutes
- Perform the maximum (15 reps) number of body pushups (from toes) in 60 seconds
- Perform the maximum number of sit-ups in 60 seconds – minimum 30 reps, or perform the maximum number of partial curl-ups as per C.S.T.F guidelines – maximum 25 reps.